

# ILLNESS GUIDELINES

THERE ARE THREE REASONS TO KEEP (EXCLUDE) SICK CHILDREN FROM SCHOOL:

1

The child does not feel well enough to participate comfortably in usual activities, such as with extreme signs of tiredness or fatigue, unexplained irritability or persistent crying.

2

The child requires more care than the school staff can provide without affecting the health and safety of the other children.

3

The illness is on the list of symptoms or illness for which exclusion is recommended. The following list gives guidelines and recommendations for exclusion from school due to illness.

IF A STUDENT IS GOING HOME DUE TO ILLNESS, HE/SHE MUST BE PICKED UP WITHIN ONE HOUR OF CLINIC CONTACTING THE PARENT.

## ILLNESS OR SYMPTOM – IS EXCLUSION NECESSARY?

<b>CHICKEN POX:</b>	Yes – A child with uncomplicated chicken pox may return when blisters have dried and crusted (usually 6 days).
<b>CONJUNCTIVITIS:</b>	(pink or red mucous or pus draining from the eye) Yes – May return 24 hours after treatment begins. If your health provider decides not to treat your child, a note is needed.
<b>COUGHING:</b>	(severe, uncontrolled coughing or wheezing, rapid or difficulty in breathing) Yes – Medical attention may be necessary. Note: Children with asthma may be cared for in school with a written health care plan and authorization for medication/treatment.
<b>DIARRHEA WITH ILLNESS:</b>	(vomiting, fever, rash) Yes – Diarrhea: e.g., stools that are watery and frequency is twice what is usual.
<b>FEVER:</b>	Fever is an elevation of body temperature above normal. Yes – when fever is elevated above 100 degrees.
<b>HEAD LICE:</b>	Yes – May return after treatment and removal of all live lice and nits from hair.
<b>IMPETIGO/STAPH/MRSA:</b>	Yes – May return 24 hours after treatment starts. Wound must be covered with dressing taped on all 4 sides.
<b>BODY RASH:</b>	Yes – Seek medical advice. Any rash that spreads quickly, has open, weeping wounds and/or is not healing should be evaluated. May return to school when medical provider determines that illness is not communicable.
<b>MILD COLD SYMPTOMS:</b>	(stuffy nose with clear drainage, sneezing, mild cough) No – May attend if well enough to participate in school activities.
<b>RINGWORM:</b>	Yes – May return after treatment begins. Area should be covered while in school.
<b>ROSEOLA:</b>	Yes – seek medical advice.
<b>SCABIES:</b>	Yes – May return after treatment is started with note from medical provider.
<b>STREP THROAT:</b>	Yes – May return after 24 hours of antibiotic treatment and no fever for 24 hours.
<b>VACCINE PREVENTABLE DISEASES:</b>	(mumps, measles, whooping cough) Yes – until judged not infectious by a medical provider.
<b>VOMITING:</b>	Yes – Must be vomit free for 24 hours before returning to school.